

# Disclosure Statement

Richard H Conant, M.A., LCPC  
Conant Associates, LLC  
Service Address: 12 Pleasant Avenue  
Sanford, Maine 04073

**Degree:** Master of Arts in Counseling, January 1990, Liberty University, Lynchburg, Va

**Licensure:** Richard H Conant is a licensed clinical professional counselor, LCPC.

**Competence:** Mr. Conant has training to work with individuals (ages 17-80), couples and groups in areas of mood disorders, anxiety disorders, relational concerns, anger control, grief and loss, step-family matters, couples counseling, codependency and a variety of addictions.

**Course of Action:** The length of a counseling hour is 50 minutes. Clients are asked to complete intake paperwork that will assist with a history and a summary of the present issues. A thorough interview will be taken allowing clients to elaborate more fully on the exact nature of their concerns. After a review of all the paperwork Mr. Conant should be able to discuss a diagnosis and treatment approach at the end of the interview. Mr. Conant generally focuses on solutions. He will help you set goals, make changes and grow rather than getting stuck in endless discussions about “the problem.” He doesn’t tell clients what to do. He helps generate options with the clients and empowers them to make good choices.

**Confidentiality:** Clients have the right to expect that personal matters discussed in therapy will be held with strictest confidentiality. There are certain conditions under the law where exceptions exist. They are summarized as follows:

- When there is reasonable suspicion a minor child, an elder person or otherwise dependent adult has been harmed
- When there is a threat of serious harm to self or to others
- When a court order exists
- When there is a voluntary release signed by the client or guardian
- When the need exists for the therapist to defend against legal action or formal complaints made by a client before a court or regulatory board.
- During supervisory consultations

**Administrative Matters:** Clients can choose to pay for sessions or use insurance.

1. Non-insurance clients - Clients choosing to pay for services themselves will make those payments to **Conant Associates, LLC**. Standard fees are listed below with appropriate adjustments:

Standard Fee: \$125.00

Income Level	Adjustment/Session	Rate for Client
Under \$36,000	\$95	\$40
\$36,000 - \$45,000	\$85	\$40
\$46,000 - \$55,000	\$75	\$50
\$56,000 - \$65,000	\$65	\$60
Above \$65,000	\$55	\$70

- 2. Insurance Clients – clients choosing to pay for services using insurance will make co-payments to **Conant Associates LLC**. Insurance will be billed through **Conant Associates LLC**. Standard fees are listed below and will be adjusted in accordance with contracted rates:

Standard Fee                                      \$125.00

This rate applies to individuals, couples or families. Insurance may pay some portion of this fee. Please recognize that **Conant Associates LLC** will submit claim forms to an insurance company as a service for each client and will diligently do everything possible to get reimbursed from your insurance company. In the event there are extenuating circumstances and insurance does not pay for session(s), clients are ultimately responsible for the balance on their account. Clients will be charged at the insurance contracted rate.

**Cancelled Appointments: It is very important to cancel appointments that you cannot make. Clients are charged for all appointments not cancelled within 24 hours unless there is an emergency. Insurance does not pay for cancelled appointments or no shows.**

**Business Hours:**                      Monday, Wednesday and Thursday 11AM – 7PM  
**Practice Location:**                  12 Pleasant Ave., Sanford, Maine 04073  
**Practice Mailing Address:**        PO Box 531, East Wakefield, NH 03830  
**Email address:**                      dconant2@roadrunner.com  
**Phone:**                                  207-475-4156

**Contact:** Please contact Mr. Conant via email or phone.

**Complaints:** The practice of counseling is regulated by the Department of Professional and Finance Regulation. Complaints may be registered by contacting:

Board of Counseling Professionals Licensure  
35 State House Station  
Augusta, Me 04333  
207-624-8674

**Client’s Bill of Rights:** - Clients have the right

- Expect that a counselor has met the licensure requirements of state law and rule
- To examine a counselor’s licensing credentials
- To obtain the code of ethics of the Board of Counseling Professionals
- To file a complaint against a counselor with the board
- To be informed of the cost of professional services before receiving services
- To expect complete confidentiality except as required by law and
- To refuse any recommended services and to be advised of the consequences of this action

\_\_\_\_\_  
Client signature verifying that they have read this document

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist signature verifying document was given to client

\_\_\_\_\_  
Date